Canadian Mental Health Association
British Columbia
Mental health for all

Association canadienne pour la santé mentale
Colombie-Britannique
La santé mentale pour tous

Job Opportunity: Psychologist 0.5 FTE
Confident Parents, Thriving Kids – Anxiety Program
Canadian Mental Health Association, Victoria, BC
Closing Date: February 22, 2019

CMHA BC Division is expanding its programming for parents and caregivers of children struggling with mental health challenges. *Confident Parents, Thriving Kids* (CPTK) is the largest direct service provincial program delivered by CMHA BC serving both Indigenous and non-Indigenous families.

CPTK offers help, in the form of telephone and on-line coaching, to parents and other caregivers. The program is evidence-based and provides protocol-driven, brief structured interventions effective in reducing symptoms and improving functioning in children aged 3 to 12 years of age. Through innovative delivery methods, the service strives to offer flexibility, convenience and rapid access for young families across British Columbia.

CMHA BC is launching a new service arm of CPTK operating out of CMHA's downtown Victoria office, serving parents and caregivers of children with mild to moderate anxiety conditions.

We are seeking a half-time psychologist to provide clinical guidance to a team of parent support coaches. The position offers a competitive salary and benefits as well as flexibility in hours.

Duties

- Provide clinical oversight for trained coaches who deliver a structured web and telephone-based intervention to parents and caregivers of children with anxiety conditions;
- Conduct regular individual and group consultation sessions
- Work closely with the Program Leader for Quality Assurance and Training to ensure fidelity to the intervention protocol and to enhance quality improvement
- Conduct training of new coach cohorts
- Assist with quality improvement efforts that enhance parent experiences and outcomes

Qualifications & Experience

- Doctorate in Clinical Psychology from a recognized university
- Current registration with the College of Psychologists of BC
- 3 to 5 years experience working with children and families
- Clinical expertise in child anxiety conditions
- Solid CBT knowledge and skills (CACBT certification an asset)
- Experience in a supervisory capacity with responsibility for performance appraisals
- Experience working with Indigenous families and communities an asset
- Demonstrated ability to train and support staff
- Excellent communication skills

Submit resume and cover letter to:
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For more information, contact:
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