



**Canadian Mental
Health Association**
Mental health for all

**Association canadienne
pour la santé mentale**
La santé mentale pour tous



2019 CMHA Workplace Excellence Award

Nomination form

Submission deadline: January 25, 2019

This national award is given annually to an outstanding organization that has advanced the promotion of workplace mental health.

The award will be presented by Dr. Patrick Smith, CMHA National CEO at the Bottom Line Conference, March 11-12, 2019 in Vancouver, BC. The award recipient will be invited to attend the duration of conference and provided with complimentary registration. For more information on the Bottom Line Conference please go to www.bottomlineconference.ca.

Please complete the nomination form below to indicate why your organization should be recognized with the 2019 CMHA Workplace Excellence Award. Completed nominations should be sent electronically to:

Jordan Friesen

National Director, Workplace Mental Health
jfriesen@cmha.ca

1. Please describe your organization's commitment to mental health and building a mentally healthy workplace. When did this commitment begin and how has it grown or evolved?
(300 words)
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*years of
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2. What concrete changes to process or practice has your organization made to promote good mental health? (300 words)

3. What outcomes have you seen at the individual and organizational level that demonstrate the results of your organization's commitment? How have these outcomes been measured? (300 words)



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4. How has your organization shared its experience and knowledge with others to support healthier workplaces across Canada? (200 words)

5. How does this body of work reflect the core values of CMHA? (200 words)

CMHA Core Values:

- Embracing the voice of people with mental health issues
 - Promoting inclusion of all
 - Working collaboratively at all levels
 - Focusing on the mental health needs of a diverse population
 - Using evidence to inform the work
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Other comments:

Please attach any relevant documentation to support this application (e.g. strategy documents, work plans, references, etc.)

On behalf of the Canadian Mental Health Association, thank you for your nomination. The award recipient will be notified on or before February 8, 2019 to make arrangements for attendance at the Bottom Line Conference in Vancouver, BC on March 11-12, 2019. Please note that due to the high volume of nominations, not all nominees will receive a response.

Please address any questions or concerns to:

CMHA National Awards Committee
Suite 500 – 250 Dundas Street West
Toronto, ON M5T 2Z5
1-416-646-5557
info@cmha.ca
