



CMHA BC Division 2018 Board of Directors

Nomination Form

Call for Board Members

The Canadian Mental Health Association, BC Division (CMHA BC) is currently seeking candidates for four positions on our Board of Directors. The position is a three-year term from September 2018 to September 2021. We are looking for individuals from a diverse range of backgrounds and experiences who are interested in helping us fulfill our vision of improving the mental health and well-being of all British Columbians.

We have a skills-based board that balances experience, knowledge, and professional expertise. To maintain this balance, the CMHA BC Board has directed us to seek candidates who have expertise and can make contributions in the areas of:

- Addiction/clinical leadership/research
- Government relations
- Leadership in data and digital communications

In addition, the Board of Directors prioritizes candidates who identify as:

- Members of an Indigenous community
- Persons with lived experience of a mental illness and/or an addiction
- Youth (19–30 years of age)

Nominees must be able to demonstrate commitment to CMHA BC's Vision and Mission. Nominees must be available and willing to fulfill board member duties, including being open to learning and the ability to work as a team. **Nominees must either already be or be willing to become members of CMHA in BC.**

Nomination packages are available at CMHA branch offices throughout BC or can be printed from our website at www.cmha.bc.ca. To locate the CMHA branch nearest you, call **604-688-3234** or **1-800-555-8222**.

A full job description is available on our website at www.cmha.bc.ca



**Canadian Mental
Health Association**
British Columbia
Mental health for all

Nomination packages must be received at the CMHA BC Division office by 4:00 pm PDT on **May 25, 2018**



To be completed by all nominees. PLEASE PRINT OR TYPE.

Name _____

Address _____

Phone (_____) _____ (Home) (_____) _____ (Business)

(_____) _____
(Mobile)

Email _____

I prefer to be contacted by:

home phone business phone mobile phone email

Profession and/or Expertise _____

Aside from Provincial Board and Committee Meetings, how much additional time can you volunteer to the Association?

Hours per week _____

If you have any questions about the nomination and election process please contact Judy Moore, Chair, Nominating Committee at nominatingchair@cmha.bc.ca

DEADLINE: May 25, 2018 by 4:00 pm

Information from this Nomination Form will be used in the preparation of the election package.

Our Vision

Mentally healthy people in a healthy society

Mission

Founded in 1918, the Canadian Mental Health Association (CMHA) is a national charity that helps maintain and improve mental health for all Canadians. As the nation-wide leader and champion for mental health, CMHA helps people access the community resources they need to build resilience and support recovery from mental illness.

Mental health, substance use and addictive behaviour are within scope of the organization.

Our Key Values and Principles

- Embracing the voice of people with mental health issues including addiction
- Promoting inclusion
- Working collaboratively
- Influencing the social determinants of health (e.g. housing, justice)
- Focusing on the mental health needs of all age groups
- Using evidence to inform our work
- Being transparent and accountable

CMHA BC has been accredited through Imagine Canada's National Standards Program. The Standards Program awards accreditation to charities and nonprofits that demonstrate excellence in five fundamental areas: board governance; financial accountability and transparency; fundraising; staff management; and, volunteer involvement. The Standards Program Trustmark is a mark of Imagine Canada used under licence by CMHA BC.



Learn more about CMHA's vision, mission, strategic goals,
and the rules that govern our organization under the
About Us section at www.cmha.bc.ca

Nation-wide Strategic Goals and Directions

Goal 1: Strengthening Our Voice

- Heightened awareness and value of CMHA brand
- Increased influence over national, provincial and local policies
- Broadened contact with and impact on the lives of people in Canada

Goal 2: Ensuring Quality Services

- High quality, evidence-based CMHA services that improve people's lives
- Widely recognized, flagship programs delivered across the country
- Innovation in programs and services

Goal 3: Enhancing Our Organizational Health

- Strengthened CMHA governance and organizational framework
- Improved internal communication
- Improved recruitment, development and retention of volunteers
- Increased fundraising capacity

Please visit the About Us section at www.cmha.bc.ca for more on our nation-wide strategic plan.



We've asked each candidate three questions about CMHA and we will present all the answers in the election kit. To facilitate ease for voters, we may edit for consistency.

Please note: Please do not exceed 100 words per answer or it will be cut.

Question #1

Can you please introduce yourself? You can include highlights from your professional/volunteer background. If you wish, please indicate if you self-identify as a:

- Member of an Indigenous community
- Person with lived experience of a mental illness and/or an addiction
- Youth (19–30 years of age)

In your response, it will be beneficial to indicate how your background will contribute to the Board of the Directors in the identified priority areas of expertise:

- Addiction/clinical leadership/research
- Government relations
- Leadership in data and digital communications

Please do not exceed 100 words.

Question #2

The CMHA BC Board has responsibility for the governance and strategic oversight of CMHA BC. This includes province-wide responsibility for the protection and promotion of the CMHA brand in BC. What do those two overarching responsibilities mean to you? **Please do not exceed 100 words.**

Question #3

What do you see as the emerging issues in the area of mental health and addiction that CMHA BC should address as a priority in the next 3–5 years?

Please do not exceed 100 words.

Note: Including a resume to provide additional information is optional. Information from your resume will not be included in the election kit.

Resume is attached



Qualification

- I have read the qualifications for nomination below and agree that I meet the qualifications for nomination

Eligible nominees for election to a 3-year term on the Board of Directors must:

- Be 19 years of age or older
- Be able and willing to fulfill the responsibilities and duties outlined in the job description, for a term of three years
- **NOT** be an employee of any branch, of any division, or of the national office of the Canadian Mental Health Association
- Be a current member of the Canadian Mental Health Association, or willing to become a member. If you are not a current member, you may request membership and include your membership fee with your completed nomination form
- Must complete the attached Declaration of Eligibility of Director or Officer pursuant to s. 149.1 (1) of the Income Tax Act (Canada)

Qualifications for Nomination (extracted from bylaws [2016])

6.2 Nomination of candidates

The nomination of a candidate for election as a director in the election by ballot provided for in this Section is valid only if:

- a) The nominee is qualified to be director in accordance with Subsection 7.3 [Qualification];
- b) The person is nominated by the Nominating Committee or nominated in writing by at least ten members of the Society in good standing who are eligible to vote on the election of directors;*
- c) The nominee consents in writing to the nomination; and
- d) The nomination and consent are received by the Chief Executive Officer on or before the Nomination Date

7.3 Qualification

Subject to Subsections 7.20 and 7.21, a person must be a member of the Society to become or act as a director of the Society, and no person is qualified to become or act as a director of the Society who is under the age of 19 years or is an employee of the Society, of any Branch or of the national office of the Canadian Mental Health Association.

* Member signatures are not required for nomination. The signature of ten members eligible to vote guarantees that a nomination proceeds to the ballot; fewer than ten remains at the discretion of the Nominating Committee.



Consent Form

I, the undersigned, agree to have my name placed in nomination for election as a Director of the Canadian Mental Health Association, BC Division (CMHA BC). I understand that as part of the election process, my biographical sketch will be published on a ballot and mailed to all members in BC, and also posted on the CMHA BC website (www.cmha.bc.ca) which is accessible to the public. This information will be public only until the election ends: August 10, 2018. In the event that I am elected, I will receive and return a new consent form that is distributed to all new board members.

- I have read the above statement and the Board job description and agree that I have the time to meet my responsibilities as Director.**

(Board job description is available to view on our website at www.cmha.bc.ca)

I am a paying member with the following Branch and/or Division:

- Yes, with the _____ Branch/Division.
- No, but my membership fee of \$20.00 is enclosed.
- No, but my membership fee of \$5.00 for individuals on limited income is enclosed.
- If elected, I understand that I will be expected to:**
- Serve a three-year term on the CMHA BC Board of Directors
 - Attend at least 75% of the meetings of the CMHA BC Board during my term
 - Be an active member as required
 - Respond to requests
 - Be available to participate in meetings on behalf of the CMHA BC Board
 - Be a champion for fundraising in support of fundraising goals
 - Be eligible to sign the Director's Eligibility Form
 - Communicate through email and have access to the Internet from time to time

Name: _____
(Please print)

Signature: _____ Date: _____

F Member Signatures

This section is optional, however, the signatures of ten members eligible to vote guarantees your name will be on the ballot. See the *Qualifications for Nomination* section on page 8 of this package for details.

We, the undersigned, support the nomination of _____
for election as a Director of the Canadian Mental Health Association, BC Division. We are members of the Society in good standing who are eligible to vote on the election of directors.

	Name (please print)	Signature
1	_____	_____
2	_____	_____
3	_____	_____
4	_____	_____
5	_____	_____
6	_____	_____
7	_____	_____
8	_____	_____
9	_____	_____
10	_____	_____



To be completed by all nominees. PLEASE PRINT OR TYPE.



Canadian Mental Health Association
British Columbia
Mental health for all

(the "Society")

**Declaration of Eligibility of Director or Officer
pursuant to s. 149.1(1) of the Income Tax Act (Canada)**

I, _____, of _____,
British Columbia, declare that:

1. I have never been found guilty of a criminal offence involving financial dishonesty including tax evasion, theft, fraud, or other offences involving breaches of the public trust in Canada for which a pardon has not been granted.
2. I have never been found guilty of an offence outside of Canada that would constitute a criminal offence under paragraph 1 above if committed in Canada;
3. I have not, within the past five years, been found guilty of a non-criminal offence under the laws of Canada or a province that relates to financial dishonesty, including an offence under charitable fundraising legislation, consumer protection legislation, and securities legislation.
4. I have not, within the past 5 years, been found guilty of an offence outside of Canada that would constitute an offence under paragraph 3 above if committed in Canada;
5. I am or have been in the past a director, trustee or officer of the following registered charities:

Name of charity	Position held (director, trustee, officer)	Time period in which position held

6. I control or manage, either directly or indirectly, the following registered charities, or have held such control or management in the past:

Name of charity	Nature of control/management	Time period in which control/management held

7. None of the charities listed in paragraphs 5 and 6 above have, within the past 5 years, had their charitable registration revoked by CRA for serious breach of the requirements for registration that was committed while I held the position listed above;
8. I have not, nor have I ever been, a promoter of a tax shelter arrangement that involved a gift to a registered charity, where such charity has had its charitable registration revoked by CRA in the past five years for reasons that included its participation in the tax shelter.
9. I will inform the Society immediately should I become aware that any of the declarations above have become untrue.
10. I agree that if there is any dishonesty on my part, or if the Society or CRA determines any dishonesty, with respect to this declaration, I will immediately tender my resignation of all positions held with the Society upon written request by the Society's board of directors.

Signature

Date

Print Name & Title

Witness

Date

Print Name

Please send your completed nomination form by 4:00 pm PDT, May 25, 2018 to:

Mail: Attn: Bev Gutray, Chief Executive Officer
Canadian Mental Health Association, BC Division
905 - 1130 W. Pender Street
Vancouver, BC V6E 4A4

Email: bev.gutray@cmha.bc.ca

Fax: (604) 688-3236